Dear Colleague,

My name is Peter Devadason and I am one of the Medical Directors at City Specialists Clinic (CSC), which is a private psychiatry group practice. <https://citysc.com.au>

I am a psychotherapy supervisor accredited by the Queensland Branch Training Committee, Royal Australian and New Zealand College of Psychiatrists (RANZCP) and am also the inhouse psychotherapy supervisor at The Prince Charles Hospital for the psychiatry registrars.

Historically, psychiatry registrars have had difficulties with the successful completion of the Psychotherapy Written Case (PWC), because of the scarcity of appropriate patients within the public mental health service. This is why I am now attempting to assist psychiatry registrars based within the Brisbane Metro region, by sourcing appropriate patients for them from the private sector.

Accordingly, I am now inviting referrals from you of appropriate patients who could be seen by psychiatry registrars who are based in the Brisbane Metro Area. Please forward your referrals to this email address:

pwc@citysc.com.au

**Background**

The PWC is a mandatory summative assessment of the RANZCP Fellowship Program, which involves providing supervised psychotherapy informed by psychodynamic principles. At least 40 sessions should be delivered across a 6 – 12 month period, with one session per week.

**These 40 sessions with the psychiatry registrar would be free for your patient.**

Please see attached for additional details related to the criteria, referral and assessment process.

If you have a patient with longstanding mild to moderate depressive or anxiety symptoms, before referring them to a psychologist, would you please consider referring them instead to a psychiatry registrar for psychodynamic psychotherapy?

I stress that there are limited places available; limited by the number of psychiatry registrars within the Brisbane Metro region (about 100 in Metro North and Metro South Mental Health Services). Any further places will only be available as new, junior doctors join the psychiatry training program and will be looking for a psychotherapy patient.

**If you are able to offer a room (at your clinic) for an hour a week, for the registrar to see your patient, please also indicate that in your referral.**

Thank you for your consideration and we look forward to assisting you and your patient.

Kind Regards

Dr Peter Devadason