

# ***CITY SPECIALISTS CLINIC COVID-19 PLANS***

We are aware that many people may be feeling high levels of stress regarding COVID-19 and the changes that are occurring rapidly in the Australian community and around the world. The government and the Australian Health system have given several directives for all health services, including psychiatrists. As a practice we felt it essential that this information be passed on to all our patients as changes may need to be made to your treatment plans with your treating doctor.

## ***Can I see my doctor at City Specialists Clinic, Watkins Medical Centre?***

First of all, it's important to understand that **for most patients it remains possible for you to continue seeing your treating doctor as arranged**. No doctors or secretarial staff have tested positive for COVID-19 so, at present, *City Specialists Clinic* practice remains active as usual.

## ***When should I not come to my appointment at City Specialists Clinic?***

Following the Federal Government's recent announcements regarding COVID-19, we would ask that you **do not present to Watkins Medical Centre to attend your appointment at *City Specialists Clinic*** for any of the following reasons:

- You have been diagnosed with COVID-19 but are not a patient of a hospital
- You are suffering from flu-like symptoms i.e. sore throat, fever, runny nose, shortness of breath, dry cough, headache
- You have recently returned from overseas within the last 14 days
- You are required to self-quarantine for any reason in accordance with home isolation guidance issued by Australian Protection Principal Committee

## ***Can I still see or have an appointment with my doctor***

**If you are unable to present to *City Specialists Clinic, Watkins Medical Centre* for your appointment with your treating doctor, do not be concerned. Until 31 March 2021 or unless we receive further notice from the Australian Government, you may still have your appointment with your treating doctor** either:

- Via video-conference using Skype, or Zoom
- Via phone-consultation

These can be arranged by notifying our receptionists. Our regular consulting fees will apply to these appointments.

Of course our doctors continue to consult in these rooms and this is their preferred option.